



Plan	Greening at Island House
Plan type	Organisation
Organisation	Island House
Administrator name	Amanda Newbury-Canaway
Administrator email	amanda.newbury@island-house.org
Owner name	
Owner email	
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Health and happiness



Outcomes

Name

Details

Improve mental health & wellbeing

Improve the mental health and wellbeing of staff and users at Island House

Improve physical health

Improve the physical health of staff and users of Island House



Actions

Name

Details

Meditation sessions

Incorporate meditation sessions into staff team meetings once a month

Lunchtime walking group/after work exercise classes

Create a lunchtime walking group for staff and users.
Create an after-work exercise session

Encourage bicycle usage

Advertise bike lock-up in shed to staff and users.
Encourage staff to cycle to/from work or between meetings. Pay Santander hire fees for staff usage.



Indicators

Name

Details

Registers

Record attendees at exercise/meditation sessions

Attendee self-evaluation form

Record attendees physical progression/regression

Bike hire record

Record staff usage of bike hire payment scheme Record
how many bikes are stored on site



Equity and local economy



Outcomes

Name

Details

Support Fairtrade

Ethical purchasing

Gender equality

Ensure equal pay for equal work

Support local businesses

Use local tradesmen etc

Source local products



Actions

Name

Details

Purchase fairtrade tea/coffee supplies

Ensure all tea/coffee supplies are fair trade.

Hire local tradesmen

Where possible, use local tradesmen and services.

Track pay by gender

Report annually on pay and gender

Purchase locally sourced produce



Indicators

Name

Details

Invoices for products and services



Culture and community



Outcomes

Name

Details

Support the local community

Ensure we make a positive contribution to our local community

Sustainability culture

Everyone at IH cares about sustainability and the environment



Actions

Name

Details

Work experience programs

Offer work placements to local schools and employment training initiatives

Provide free services to the community

Training and information sessions

Host events for the community

Work in conjunction with other local organisations

Induct all staff in One Planet Living

Add One Planet Living manual to the staff induction manual, staff handbook and policy folder

Educate users and tenants on One Planet Living

Share manual with users and tenants



Indicators

Name

Details

Record of participants

Target x number of placements per year



Outcomes

Name

Details

Friendly wildlife sanctuary



Actions

Name

Details

Bug friendly gardens

Create bug homes

Bird boxes

Affix bird boxes to the centre



Indicators

Name

Details

Bee friendly plants

ensure most new plants purchased for the centre are bee friendly and/or wild



Sustainable water



Outcomes

Name	Details
Save water	Reduce wasteful consumption of water



Actions

Name	Details
Smart water usage	Encourage staff to reduce wasteful consumption. Display signs in toilets and kitchens
Install water meters	Track and report on water usage quarterly
Collect rainwater	Install water butts and funnel additional water from roof



Indicators

Name	Details
Water usage per person	Monitor litres of water per person and aim to reduce



Local and sustainable food



Outcomes

Name	Details
Support locally sourced food	



Actions

Name	Details
Plant a herb garden	



Travel and transport



Outcomes

Name	Details
Fewer people drive into work	



Actions

Name	Details
Bus pass/Travelcard subsidy	Offer staff discounts/incentives to travel to work using public transport



Indicators

Name	Details
Number of people driving to work	Track the number of people who drive to work and aim to reduce by 10%



Materials and products



Outcomes

Name	Details
Use recycled products	Where possible re-use and repair and purchase recycled products



Actions

Name	Details
Purchase pre-loved furniture	
Use recycled paper when needed	



Zero waste



Outcomes

Name

Details

Reduce landfill to zero



Actions

Name

Details

Conduct waste audit

Track waste streams by conducting waste audit annually

Recycle/donate old furniture



Zero carbon energy



Outcomes

Name

Details

Use only renewable energy

Aim to reduce consumption by 100%



Actions

Name

Details

Install solar panels

Completed 2012

Energy efficient lighting

Install energy efficient light bulbs

Buy renewable energy

Use energy providers with 100% renewable energy sources



Indicators

Name

Details

fit readings

monitor energy production of PV panels

Percentage of renewable energy

100% target percentage of consumed energy which is renewable