




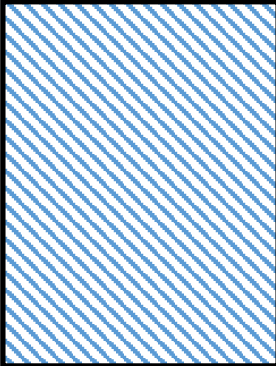
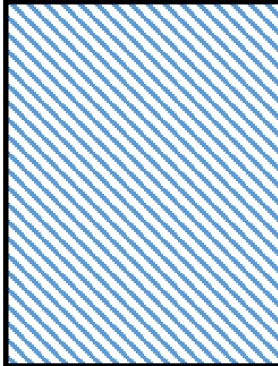
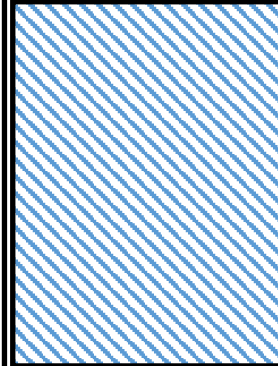
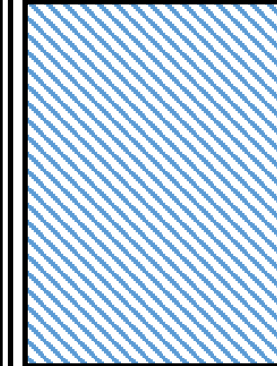
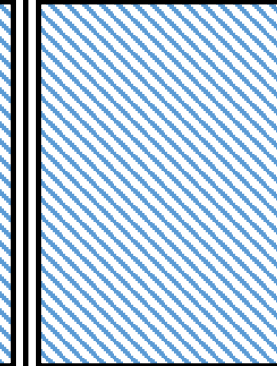


# TERM TIME

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>Island House Playgroup*</b></p>  <p>9am - 3.30pm Main Hall</p> <p><b>ESOL Classes*</b> 9.30am - 11.30am Small Hall</p> <p><b>Over 50's Craft Club</b> 12.30pm - 3.30pm Small Hall</p> <p><b>Martial Arts</b> 7pm - 9pm Main Hall</p> <p><b>Community Choir</b> 7pm - 9pm Small Hall</p>	<p><b>Island House Playgroup*</b></p>  <p>9am - 3.30pm Main Hall</p> <p><b>Community Parents Training Course*</b> 10am - 2pm Small Hall</p> <p><b>2nd East London Scouts*</b> 7pm - 9pm Main Hall</p>	<p><b>Island House Playgroup*</b></p>  <p>9am - 3.30pm Main Hall</p> <p><b>Island Advice Centre Drop-in Session</b> 10am-12pm <b>Register at Reception</b></p> <p><b>Conversation Club*</b> 10am - 12pm Small Hall</p> <p><b>2nd East London Scouts*</b> 7pm - 9pm Main Hall</p>	<p><b>Island House Playgroup*</b></p>  <p>9am - 3.30pm Main Hall</p> <p><b>2nd East London Scouts*</b> 7pm - 9pm Main Hall</p>	<p><b>Island House Playgroup* (Softplay)</b></p>  <p>9.15am—11.15am Tiller Road Leisure Centre</p> <p><b>Dance Fitness</b> 10am—11am Main Hall</p> <p><b>Island Advice Centre Drop-in Session</b> 10am-12pm <b>Register at Reception</b></p> <p><b>AMA Muslim Prayers</b> 1pm - 2pm Small Hall</p> <p><b>2nd East London Scouts*</b> 7pm - 9pm Main Hall</p>	<p><b>Pilates</b> 9.30am - 11.30am Main Hall</p> <p><b>'Embrace in da house' Dance for kids</b> 11.45am - 4pm Main Hall</p> <p><b>Indoor Tennis</b> 4.15pm—5.30pm Main Hall</p> <p>Both halls are available for private hire on Saturday from 4pm Call 020 7531 0310 or enquire at reception</p>	<p><b>Quaystone Church Sunday Service</b> 9.30am - 1.30pm Main Hall &amp; Small Hall</p> <p>Both halls are available for private hire on Sunday from 2pm Call 020 7531 0310 or enquire at reception</p>

\* Prior registration required

# SCHOOL HOLIDAYS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
School Holiday Activities	School Holiday Activities	School Holiday Activities	School Holiday Activities	School Holiday Activities	<p><b>Pilates</b> 9.30am - 11.30am Main Hall</p> <p><b>'Embrace in da house'</b></p> <p><b>Dance for kids</b> 11.45am - 4pm Main Hall</p> <p><b>Indoor Tennis</b> 4pm—5pm Main Hall</p>	<p><b>Quaystone Church</b> <b>Sunday Service</b> 9.30am - 1.30pm Main Hall &amp; Small Hall</p>
					<p>Both halls are available for private hire on Saturday from 4pm</p> <p>Call 020 7531 0310 or enquire at reception</p>	<p>Both halls are available for private hire on Saturday from 4pm</p> <p>Call 020 7531 0310 or enquire at reception</p>
<p>10am - 4pm Main Hall &amp; External Trips</p> <p><b>Over 50's Craft Club</b> 12.30pm - 3.30pm Small Hall</p> <p><b>Martial Arts</b> 7.15pm - 9.15pm Main Hall</p> <p><b>Community Choir</b> 7pm - 9pm Small Hall</p>	<p>10am - 4pm Main Hall &amp; External Trips</p>	<p>10am - 4pm Main Hall &amp; External Trips</p> <p><b>Island Advice Centre</b> <b>Drop-in Session</b> 10am-12pm <b>Register at Reception</b></p>	<p>10am - 4pm Main Hall &amp; External Trips</p>	<p>10am - 4pm Main Hall &amp; External Trips</p> <p><b>Island Advice Centre</b> <b>Drop-in Session</b> 10am-12pm <b>Register at Reception</b></p>	<p>Both halls are available for private hire on Saturday from 4pm</p> <p>Call 020 7531 0310 or enquire at reception</p>	<p>Both halls are available for private hire on Saturday from 4pm</p> <p>Call 020 7531 0310 or enquire at reception</p>

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