




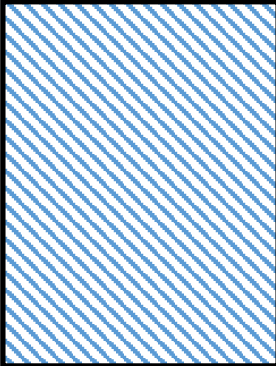
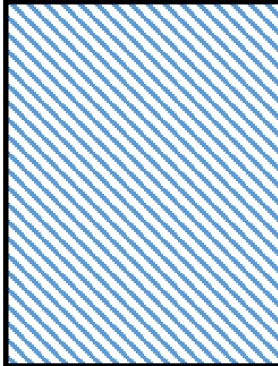
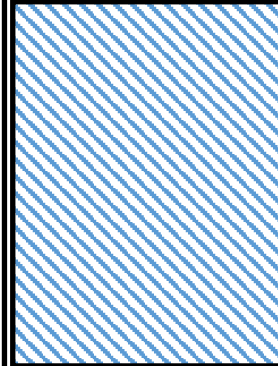
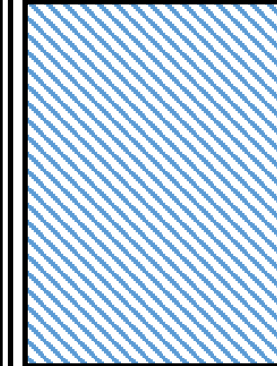
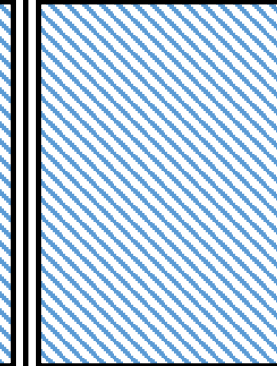


TERM TIME

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Island House Playgroup*</p>  <p>9am - 3.30pm Main Hall</p> <p>ESOL Classes* 9.30am - 11.30am Small Hall</p> <p>Over 50's Craft Club 12.30pm - 3.30pm Small Hall</p> <p>Mother Tongue Classes 5pm - 7pm Main Hall</p> <p>Martial Arts 7pm - 9pm Main Hall</p> <p>Community Choir 7pm - 9pm Small Hall</p>	<p>Island House Playgroup*</p>  <p>9am - 3.30pm Main Hall</p> <p>Community Parents Training Course* 10am - 2pm Small Hall</p> <p>Mother Tongue Classes 5pm - 7pm Main Hall</p> <p>2nd East London Scouts* 7pm - 9pm Main Hall</p>	<p>Island House Playgroup*</p>  <p>9am - 3.30pm Main Hall</p> <p>Island Advice Centre Drop-in Session 10am-12pm Register at Reception</p> <p>Conversation Club* 10am - 12pm Small Hall</p> <p>Mother Tongue Classes 5pm - 7pm Main Hall</p> <p>2nd East London Scouts* 7pm - 9pm Main Hall</p>	<p>Island House Playgroup*</p>  <p>9am - 3.30pm Main Hall</p> <p>Mother Tongue Classes 5pm - 7pm Main Hall</p> <p>2nd East London Scouts* 7pm - 9pm Main Hall</p>	<p>Island House Playgroup* (Softplay)</p>  <p>9.15am—11.15am Tiller Road Leisure Centre</p> <p>Dance Fitness 10am—11am Main Hall</p> <p>Island Advice Centre Drop-in Session 10am-12pm Register at Reception</p> <p>AMA Muslim Prayers 1pm - 2pm Small Hall</p> <p>Mother Tongue Classes 5pm - 7pm Main Hall</p> <p>2nd East London Scouts* 7pm - 9pm Main Hall</p>	<p>Pilates 9.30am - 11.30am Main Hall</p> <p>'Embrace in da house' Dance for kids 11.45am - 3.30pm Main Hall</p> <p>Indoor Tennis 4pm—5.30pm Main Hall</p> <p>Both halls are available for private hire on Saturday from 4pm Call 020 7531 0310 or enquire at reception</p>	<p>Quaystone Church Sunday Service 9.30am - 1.30pm Main Hall & Small Hall</p> <p>Both halls are available for private hire on Sunday from 2pm Call 020 7531 0310 or enquire at reception</p>

* Prior registration required

SCHOOL HOLIDAYS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
School Holiday Activities	School Holiday Activities	School Holiday Activities	School Holiday Activities	School Holiday Activities	<p>Pilates 9.30am - 11.30am Main Hall</p> <p>'Embrace in da house' Dance for kids 11.45am - 3.30pm Main Hall</p> <p>Indoor Tennis 4pm—5.15pm Main Hall</p>	<p>Quaystone Church Sunday Service 9.30am - 1.30pm Main Hall & Small Hall</p>
					<p>Both halls are available for private hire on Saturday from 4pm</p> <p>Call 020 7531 0310 or enquire at reception</p>	<p>Both halls are available for private hire on Saturday from 4pm</p> <p>Call 020 7531 0310 or enquire at reception</p>
<p>10am - 4pm Main Hall & External Trips</p> <p>Over 50's Craft Club 12.30pm - 3.30pm Small Hall</p> <p>Martial Arts 7pm - 9pm Main Hall</p> <p>Community Choir 7pm - 9pm Small Hall</p>	<p>10am - 4pm Main Hall & External Trips</p>	<p>10am - 4pm Main Hall & External Trips</p> <p>Island Advice Centre Drop-in Session 10am-12pm Register at Reception</p>	<p>10am - 4pm Main Hall & External Trips</p>	<p>10am - 4pm Main Hall & External Trips</p> <p>Island Advice Centre Drop-in Session 10am-12pm Register at Reception</p>	<p>Both halls are available for private hire on Saturday from 4pm</p> <p>Call 020 7531 0310 or enquire at reception</p>	<p>Both halls are available for private hire on Saturday from 4pm</p> <p>Call 020 7531 0310 or enquire at reception</p>

* Prior registration required